Dear Member,

Greetings from the Ladies’ Wing of IMC Chamber of Commerce and Industry!

IMC Ladies' Wing in association with Rotary Club of Bombay Bayview invites you for an inspiring E-Event **'How to Balance your Life' with World-renowned spiritual speaker Brahma Kumari Sister Shivani** on **Sunday 13th September, 2020**at **10:30 am through video conferencing on Zoom.**

B K Sister Shivani has been a practitioner and a teacher of Rajyoga Meditation that is at the heart of the teachings of Brahma Kumaris World Spiritual Organization, since 1996.  She is a globally renowned spiritual guide and mentor who has a practical approach to spirituality.  She has been bestowed with numerous honours by Govt of India and organizations both in India and abroad. She has travelled to many countries across the globe touching and transforming the lives of millions. To date she has delivered over 2,500 talks overseas and in India, sharing her wisdom through diverse platforms like public programs, interactive workshops, retreats, radio and television shows.

Sister Shivani will give us valuable insights on staying balanced and calm and coping with challenges that occur in our lives.

**Members and their families are invited to avail of this wonderful opportunity of hearing Sister Shivani address us.**

**The login details to join Zoom Meeting will be shared shortly**

**RSVP:**Email - [ladieswing@imcnet.org](mailto:ladieswing@imcnet.org)

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**Organised by**

**Ms. Anuja Mittal                            Ms. Nishreen Khorakiwala**

President                                           Vice President

**Health and Holistic Committee**

**Ms. Anar Shah                                     Dr. Asha Dalal**

Chairperson                                          Co-Chairperson

**Advisory**– Ms. Leena Vaidya

**Members**– Ms. Bhavana Trivedi, Ms. Jyoti Doshi, Ms. Reena Rupani